



Welcome!



*Our Saviour's Lutheran Church
celebrates the 500th Anniversary
of the Lutheran Reformation*

The Mission of Our Saviour's Lutheran Church is...
Making Christ known through worship, education,
and witness, we invite and serve the community and beyond.

Vol. XXXVIII No. 2

February 2018



***To the generous members of Our Saviour's:
Thank you for your hugs, monetary gifts, and
lovely cards given to staff members at
Christmas. The members of this faith
community who "bring forth the Kingdom of
God," are so inspiring to learn from and to
share ministry with. Thank you for your
generosity! Many blessings in 2018!
Gigi Paddock***

Have a heart this Valentine's Day – Lydia Circle will be collecting the following items Feb 4-11th for the Soup Kitchen in Newport News. A basket will be placed in the church for donations.

- Brown paper lunch bags
- Sandwich bags (closed seal)
- Granola Bars
- Lance crackers (no peanut butter please)
- Ice Tea mix
- Lemonade mix
- Grape Jam (wide mouth jars, no squeeze bottles)



Please give generously. Thank you



2018 COMMUNITY LENTEN SERVICES

Upper James City County Ministerium

6:00 P.M. - FOOD & FELLOWSHIP

7:00 P.M. - WORSHIP

ASH WEDNESDAY, 14 FEB 2018:

Olive Branch Christian Church, 7643 Richmond Road, Williamsburg

Offering: Child Development Resources

Speaker: Rev. Lori Beach (Mt. Vernon United Methodist Church)

WEDNESDAY, 21 FEB 2018:

Stone House Presbyterian Church, 9401 Fieldstone Parkway, Toano

Offering: Proclaiming Grace Outreach

Speaker: Rev. David Lehman (Williamsburg Mennonite Church)

WEDNESDAY, 28 FEB 2018:

New Zion Baptist Church, 3991 Longhill Road, Williamsburg

Offering: Williamsburg Hospice House

Speaker: Rev. Richard Cline (Olive Branch Christian Church)

WEDNESDAY, 7 MARCH 2018:

Mt. Vernon United Methodist Church, 7801 Church Lane, Toano

Offering: From His Hands

Speaker: Rev. Alex Creager (Stone House Presbyterian Church)

WEDNESDAY, 14 MARCH 2018:

Williamsburg Mennonite Church, 7800 Croaker Road, Williamsburg

Offering: Good News Jail and Prison Ministry

Speaker: Rev. Robert Whitehead, Sr. (New Zion Baptist Church)

WEDNESDAY, 21 MARCH 2018:

Our Saviour's Lutheran Church, 7479 Richmond Road, Williamsburg

Offering: FISH

Speaker: Rev. Jennifer Andrews-Weckerly (Hickory Neck Episcopal Church)

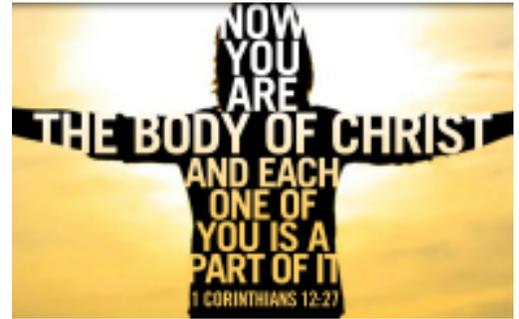
WEDNESDAY, 28 MARCH 2018:

Hickory Neck Episcopal Church, 8300 Richmond Road, Toano

Offering: Angels of Mercy Clinic

Speaker: Rev. James Nickols (Our Saviour's Lutheran Church)

Many gifts, one Body of Christ
Note on Worship & Music Committee
from Gigi Paddock, Minister of Music



Our Saviour's Lutheran Church (OSLC) is blessed with diverse and creative people who serve behind the scenes to make worship happen. Many gifts, one body. I am grateful to witness the "*Ruach Elohim*" (breath of God) in the creative energies of our W&M Committee. Now, at the dawn of 2018, we give thanks for the time and efforts that these individuals contribute to keep our facilities and worship Christocentric, filled with joy and color, interactive, and a blessing to this community.

Barbara Shaal coordinates Easter lilies, poinsettias, and Advent greens (purchasing, delivering to the church, and caretaking), the weekly altar flower donations, as well as organizing displays in the Parish Hall glass case, mission focus on the lobby wall, and designing and creating church window decorations for Lent and Advent. She, and husband, Bill, also tend the church flower beds. Her many selfless acts profoundly enrich our worship facilities.

Brandon Tate coordinates ushers, lectors, and assisting ministers, which involves contact, reminders, record-keeping, and scheduling usher training. He provides articles for the newsletter, serves as Assistant Minister, and has presented personal testimony for Stewardship. His humor and sharp mind are a joy to have on our committee.

Al Glindemann is an active minister in the community, periodically leading worship at neighboring churches, and correctional facilities. He schedules announcers in worship, weaves in Time-Talent-Treasures testimonies during Stewardship season, and enthusiastically leads summer hymn sings. He coordinates our Community Lenten Services and works closely with area clergy. We are grateful for his insights and experience.

Richard Hartman is our chair. He has participated in the Virginia Synod's Ambassadors Community for Theological Study (ACTS) and is himself intentional about every aspect of worship and equipping the laity. He is spring-loaded to assist with set up and tear down, maintenance of everything from light bulbs to cleaning the blue wax off the wrought-iron Advent wreath stand; he sings in the choir, serves as Assisting Minister, carries Communion to the homebound, researches-acquires-maintains altar supplies, and has an abiding love of Lutheran worship.

Pastor Nickols (Navy analogy here) steers the committee with a steady hand, through rough and smooth waters, with his eye on the horizon. His wisdom and leadership are borne of decades of service, sound theology, a ready laugh, and a compassionate heart. We are beyond grateful for his ministry in this place.

These are your servants that bring their many gifts to serve the Body of Christ, and prayerfully and joyfully shepherd our worship at OSLC. Thanks be to God!

Health Tips: Surviving The Flu

Do you have the flu?

The flu is a very contagious viral infection common in the winter months. Symptoms include:

-  • Fever and body aches
-  • Cough
-  • Sore throat
-  • Headaches
-  • Fatigue
-  • Nausea and vomiting occasionally occur, more commonly in children



How long does the flu last?

The fever usually lasts three to four days. Other symptoms can last up to five to seven days.

Should you get a flu shot?

YES. This is your best protection from getting the flu. Flu shots are available beginning each fall to help you build an immunity to the flu.

If you have not yet received your flu shot, we recommend you do so as soon as possible. A shot received in late winter may still be beneficial.

How can you treat the flu?

-  • Rest
-  • Fluids
-  • Tylenol[®], acetaminophen (for mild headache/sore throat)
-  • Throat lozenges

My child has the flu. When should I call the doctor?

Call the doctor if your child is:

- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable he/she does not want to be held
- Has a fever with rash

When should you call your doctor?

- Difficulty in breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Symptoms that improve but then return with fever and a worse cough

How can you prevent the flu?

Practice good hygiene and avoid contact with anyone who has the flu.

If you or a family member is a high-risk patient (complex/multiple medical conditions, child under 2 years of age, pregnant, or over the age of 65) and have been exposed to or have early flu symptoms, contact your primary care provider about the appropriateness of an antiviral medication such as Tamiflu[®].



Will antibiotics help you?

- The flu is caused by a virus.
- Antibiotics only treat bacterial infections and are ineffective against viruses.
- Talk with your provider about when and how to safely use antibiotics.

NO



Antibiotics are **LIFE-SAVING** Drugs.



Most sore throats **DO NOT** require an antibiotic.



Antibiotics only treat **BACTERIAL** Infections.



Green colored mucus **IS NOT** a sign that an antibiotic is needed.



Some ear infections **DO NOT** require an antibiotic.



There are **POTENTIAL RISKS** when taking any prescription drug.

Chapter 32 Life Tasks Bill asks does God have a special, unique plan for my life? Bill is not sure there is only one single course leading to it.

Bill wants to be completely in tune with God's plan he says *unconditionally and regardless of my failures, I want to be aligned with God's plan for my life.* How do I know what God's plan is? Well for starters **Walk with God!** If you are interested in knowing God's plan for your life, then you must learn to walk with God. You need to develop a relationship with Him. Christianity is all about a relationship with God. Seek to know Him and not just seek to know about Him. How? Spend time in His Word, taking time for prayer, and taking every opportunity, you can to be involved in church, small group Bible study opportunities, working in the community to give back. When you seek these disciplines in your life, God will begin to reveal His plan for you. I add the following not from Bills book but thoughts on Listening and Walking with God.

Surrender your will to God's. Many times, when we say we are seeking God's will, what we are really wanting to say to God is this: "OK, God, here's what I'm planning to do. Now I need you to rubber stamp this, all right?" You know that this is not really effective in finding His true will. Before God will begin to reveal His will to you, you must be committed to doing what He desires for you to do. Jesus was willing to die for us, so shouldn't we be willing to live for Him? When we surrender to Him, that is when He really begins to direct our steps.

Obey what you already know to be God's Will. Most of us want to know what God's plan is for our lives, but overlook the fact that His will is already delineated carefully through His Word. God is very clear about many, many aspects of His will. Obedience is an important first step.

Seek godly input. Do you have a Christian mentor? Do you have a mentor for studies, in the workplace, in a hobby? Why not a Christian mentor. Think of it this way, if you choose to surround yourself with godly advisors, they will be instrumental in helping you discern God's plan for your life. The church is designed to help you greatly with this. I encourage you to come to church, to become involved in the life of the church, be it in the Sacristy, the lawn care, adopt-a-spot gardener, kitchen, fellowship treats after church, casserole caravan to the shut ins, Stephen Ministry, serving in alter guild, serving as an usher or assistant minister, sing in the choir we need **TENORS!** The more you involve yourself within the Christian faith, the greater your chances will be of finding godly men and women who can help you discern God's will.

Pay attention to how God has wired you. God has created you to fulfill a specific role in this world. There is no one else uniquely like you. The Apostle Peter gives us this admonition **1 Peter 4:10** *Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.* God has gifted every one of us to perform a special mission for which we alone were created. How amazing is that?

Listen to God's Spirit. I experienced a major turning point in my own prayer life when I learned to listen. I had to shut up while I was praying. Sounds odd I get it, but are you doing all the talking when you pray to God? I was. But then, several years ago, I joined Stephen Ministry and one of the books in the curriculum was **Bill Hybel's** book, *Too Busy Not to Pray.* Hybel's book changed the way I approached God through prayer. Since reading it I have added a significant component to my prayer life. Listening. I take time to listen to what God might have to say to me. What does that mean? To get started Hybel suggests you bring a notepad with you when you sit down or stand up to pray. Write at the top of several pages things like the following:

- "What is the next step in my career?"
- "What is the next step in my ministry?"
- "What is the next step for my family?"
- "What is the next step for my marriage?"
- "What is the next step in my education?"
- "What is the next step in my finances?"

During your time in prayer, (Come to Prayer on Wednesday, meet with a Stephen Minister or Lenten services to get started) mediate on questions such as the above. God will start flooding your heart with ideas and information regarding one of more of those questions. Write down as He speaks to your heart. What a glorious experience that is to sense His Spirit, guiding your thoughts and words. He has shown me many times with great clarity what His will is for my life. **John 10:27** *My sheep listen to my voice; I know them, and they follow me.*

Listen to your heart. In addition to listening to the Spirit, I also advise listening to your heart. Consider the following passage from **Psalms 37:4-5** *Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this.* Neat huh? This shows me and you that, when I am walking with the Lord, He will let me do many really cool things that I love to do! When you are close to Him, He begins to shape your desires so that you desire the things that He has already called you to do.

Take a look at your circumstances. God often clearly demonstrates His plan for our lives by lining up circumstances in obvious ways. He also shows us what His will is not for us to do in that same way. I have discovered that God is pretty good at opening and closing doors. Read the passage from **Acts 16:6-10** for what he did for the Apostle Paul. *Paul's Vision of the Man of Macedonia Paul and his companions traveled throughout the region of Phrygia and Galatia, having been kept by the Holy Spirit from preaching the word in the province of Asia. When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to. So they passed by Mysia and went down to Troas. During the night Paul had a vision of a man of Macedonia standing and begging him, "come over to Macedonia and help us." After Paul had seen the vision we got ready at once to leave for Macedonia, concluding that God had called us to preach the gospel to them.* Bottom line it? Even Paul had to face closed doors in his ministry. God often uses closed doors to show us clearly what He does NOT want us to do. He also uses open doors at times to show us what he DOES want us to do. This does not mean that every open door is definitely God's plan, but it helps to give you and me direction.

Even if God doesn't have a specific plan for my life. I still want to find one. Bill concludes the chapter with: *Finding such a plan and working in conjunction with it is a much healthier way to live life than any other way I've discovered.* I encourage you to mull over the above. I pray for you and me they enrich your life tasks and help to hone in on His plan for our lives. I know when you seek His will earnestly, you will find it! I hope you are finding Bill Kinards the Promise of Hope, challenging (I am) and thought provoking. I am sharing this to help cope when life caves in. We join in prayer for the Ministers in our Church, and all of those who are in need. We Stephen Ministers will walk with you and let the holy spirit be our guide. May **YOU** through our **Lord Jesus Christ** receive what **God has promised** all of us grace, mercy and peace. We pray in your holy name. Amen.

Evie Braukhoff Stephen Minister Leader, Your sister in Christ.

Restored and Renewed

Our Saviour's Baptismal Font water basin was showing some wear and tear. Worship & Music purchased an 8-inch Dansk bowl to replace the water basin. The painted design is called "Norwegian Blue," and combines design elements of both Scandinavian and Mediterranean influences. It's a lovely and appropriate addition to our worship symbols.



Prayer on Wednesday will be with you in prayer as we take a break during lent. Beginning with Ash Wednesday services February 14 we will not meet. We will begin again for our Spring season in prayer April 4, 2018 in the Sanctuary at 6:00 PM. There are no books to read or work to be done except with you and the Lord. Come when you need Christ, come when the Spirit calls, come when you are in need of shared prayer. After our Prayer of the Day we will have 15 to 20 minutes of Silent meditative prayer, a reading of the Gospel, Prayers of Intercession, and requests for prayers of healing, and a closing prayer. You are welcome to come to the Baptismal Font for your specific prayer request or let the leader know. Those who have gathered will pray with you or another healing prayer will be offered. **We leave in silence for spiritual reflection.**

Prayer. What a privilege. What an opportunity. What a duty and responsibility. Jesus is our example. The Spirit is our guide. The Father is eagerly waiting. It could change you, your family, your friends, and the world.



**Tell me WHY... ?
from Gigi Paddock**

*Tell me why the stars do shine
Tell me why the ivy twines
Tell me why the sky's so blue
and I will tell you just why I love you*

*Because God made the stars to shine
Because God made the ivy twine
Because God made the sky so blue
Because God made you that's why I love you*



This lovely song comes to mind each time I'm asked about something in worship. When Worship & Music Committee decides on incorporating symbolism or actions, the reasons for it may not get communicated. So in order to keep me from BURSTING into song when I'm approached with questions, I'll try to address aspects of our Advent worship since it is fresh in the mind.

• **Why the gradual greening?** We are asked this question each year. The process of making the church look Christmas-y has its own name: the greening of the church. In some churches it happens in one weekend. Here, at Our Saviour's, there is a progression of changes in church decorations. Our society moves at lightning speed from Halloween through Thanksgiving to Christmas, and a gradual greening is one way to savor the wait. One week sees the banners hung. One week sees the tree. One week sees the window sills. We watch and wait for the Christ Child and enjoy the ride and the many symbols that gradually prepare our hearts through Advent.

• **Why didn't wreaths go into the windows this year?** This is a two-fold response: 1. The church windows were replaced in September and we were unable to make use of the earlier nail holes to hang wreaths. 2. Since the Moravian Love Feast was the Advent theme this year our decorations were simple and rustic, hence you saw primitive art bells made from twigs with handwoven Moravian stars.



FEBRUARY BIRTHDAYS

- 1 Scott Braukhoff
Ginny Gustafson
- 4 Carol Turner
- 7 Joan Hosfield
Joanne Weber
- 10 Arlene Stuvén
- 14 Dot Webb
- 20 Bruce Brelsford
- 22 Barbara Broady
Dennis Metcalf

NOTE: If you have not seen your birthday or anniversary listed, and would like it included, please contact the office at 757-564-3745 or email oslcnorge@verizon.net.

CUM CHRISTI IN PACEM



Bob Tubbs, Judy's husband, passed away 20 January.

Janet Forgrave passed away 24 January.

ADDRESS CHANGE



**Clark and Tess Kimmel
5405 Wm Ludwell Lee
Williamsburg, VA 23188**

Lifting in Prayer



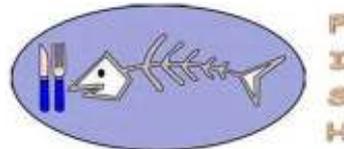
Church family: Carlyle Ford, Jeanne Fullman, Ann Gautreaux, Thelma Lee, Janice Leonard, Liesa McGhee, Teena Opheim, William Rorer, III, and Bruce Wildenberger.

Family and Friends: Aaden (4 month old baby), Debra Allen, Joan Beck, Donna Benson, Margaret Blair, Raymond Bowles, Kira Braukhoff, Baby Zadie Loretta Brown, Carol, Cody, Bill Carpenter, Dave Clark, Ellen Cobb, Jon Cuper, Nancy Curtis, Pastor John S. Damm, Janette DeNezzo, Carol Duke, Pastor Einarsen, Frank Feeser, Larry Felts, Bonnie Forman, Donna Garrett, Glenda, Kelly Gray, Kenny Gulden, Matthew Hafer, Leah Hoffman, Helen Hyatt, Allen Jenson, Annette Johnson, Cynthia Jones, Evelyn Kirby, Mary Klaburner, Rachel Lawson, Lindsay, Lloyd, Katherine Martin, Vivian Matthews, Richard McQuigg, Ray Minor, Randolph Musmann, Richard Newsome, Donna Phillips, John Phillips, Bruce Pierce, Maggie Quinlan, Jack Ramsey, Bill Ridenour, Pastor Tom Shelley, Rosemary Slayton, Richard Smith, Mary T., Sheila Thomas, Judy Tubbs, Louis Turnage, Sr., Shirley Vallincort, Brandi Ward Wade, and Shelton Whitehurst.

NOTE: To add or remove a person's name from the Prayer List, please contact the church office at 757-564-3745 or email oslcnorge@verizon.net.

Feeding the hungry

Please remember to bring items for FISH. Please check the dates on food items to be sure they are not outdated. They are in need of canned meats, pork 'n beans, and peanut butter. Paper grocery bags are always needed.





WHERE LOVE IS FOUND

GOD FILLS OUR HEARTS WITH LASTING LOVE
FOR THOSE WE HOLD MOST DEAR.
It's LOVE THAT ROCKS THE CRADLE
AND MULTIPLIES EACH YEAR.
WHERE LOVE IS FOUND, HOPE ABIDES
AND BLESSINGS ALWAYS FLOW.
JUST BEING WITH SOMEONE WE LOVE
SETS OUR HEARTS AGLOW.

Love's THE SHOULDER WE CAN LEAN ON
WHEN TEARS BEGIN TO FLOW.
It's THE FRIENDS WHO COME TO CHEER US
WHEN OUR SPIRITS ARE LOW.
Love's THE SOUL MATE WHO HAS LOVED YOU
SINCE THE DAY YOU SAID, "I DO",
ONE WHO WILL GLADLY SACRIFICE
TO MAKE A DREAM COME TRUE.

Love IS REVEALED IN MANY WAYS
WITH VALENTINES AND GLOSS,
BUT THE GREATEST LOVE THE WORLD HAS KNOWN
FLOWED FROM A RUGGED CROSS!
IF LOVE COULD REACH ACROSS BORDERS,
ALL WARS WOULD SURELY CEASE,
AND ALL MEN COULD LIVE AS BROTHERS
AND WE COULD LIVE IN PEACE.

Clay Harrison
FEB 2018

FEBRUARY 2018



LECTORS:
 4 Pamela Wildenberger
 11 Joyce Moore
 18 Rose Paddock
 25 Bruce Brelsford

USHERS:
 4 Adam & Michelle Priestley
 11 Roger & Ellen Picard
 18 Eileen Lautenslager & Joanne Weber
 25 Lynn Edwards & Barbara Broady

ASSISTING MINISTERS:
 4 Brandon Tate
 11 Scott Braukhoff
 18 Richard Hartman
 25 Evie Braukhoff

ACOLYTES: Nya Hubbard 2/4 Nya Hubbard 2/11 Ashley Venable 2/18 Rose Paddock 2/25

ANNOUNCERS: Richard Hartman 2/4 Joanne Weber 2/11 Al Glindemann 2/18 Evie Braukhoff 2/25

COFFEE: Bruce Brelsford 2/4 Lynn Edwards 2/11 Gina Venable 2/18 Andy & Diane Priestley 2/25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Kitchen in use 9:30 - 12 PM Family Focus 7 PM Cub Scouts	2 Kitchen in use Church Office Closed 8:30 - 4:30 PM Colonial Piecemaker's Workshop 9:30 - 12 PM Family Focus	3 8:30-4:30 PM Colonial Piecemakers
4 5th Sunday after Epiphany 9 AM Sunday school / A Study of Luther's Large Catechism 10:30 AM +Holy Communion 11:30 AM Coffee Fellowship 6:30 PM AA	5 Kitchen in use 9:30-12 PM Family Focus 10 AM Rebekah/ Ruth Workday 7 PM BSA	6 Kitchen in use 10:30 AM - Wor. & Music Mtg-Au Bon Pain 3-5:30 PM Playin' For Fun 7 PM AA	7 Kitchen in use 10-2 PM Sr. Prog/ Family Focus 5-9 PM Flute Frenzy 6 PM Prayer on Wednesday 7 PM Choir	8 Kitchen in use 9:30 - 12 PM Family Focus 7 PM Finance Meeting 7 PM Cub Scouts	9 Kitchen in use Church Office Closed 9:30 - 12 PM Family Focus 2 PM Motel Ministry	10
11 Transfiguration of Our Lord 9 AM Sunday school / A Study of Luther's Large Catechism 10:30 AM +Holy Communion 11:30 AM Coffee Fellowship 12 PM Parish Council Meeting 6:30 PM AA	12 Kitchen in use 9:30-12 PM Family Focus 10 AM Rebekah/ Ruth Workday 6 PM BSA Patrol Leaders Conf. 7 PM BSA	13 Kitchen in use 3-5:30 PM Playin' For Fun 7 PM AA 7 PM BSA Troop Comm. Meeting	14 Kitchen in use 10-2 PM Sr. Prog/ Family Focus 12 PM Ash Wed. Service @ OSLC 5-9 PM Flute Frenzy 6 PM Ash Wed. Service @ Olive Branch Christian	15 Kitchen in use 9:30 - 12:00 PM Family Focus 7 PM Cub Scouts	16 Kitchen in use Church Office Closed 9:30 - 12 PM Family Focus	17 10 AM Casserole Caravan
18 1st Sunday of Lent 9 AM Sunday school / A Study of Luther's Large Catechism 10:30 AM +Holy Communion 11:30 AM Coffee Fellowship 12:30 PM Congregational Meeting & Shared Meal 6:30 PM AA	19 Kitchen in use 9:30-12 PM Family Focus 10 AM Rebekah/ Ruth Workday 7 PM BSA	20 Kitchen in use 3-5:30 PM Playin' For Fun 7 PM AA	21 Kitchen in use 10-2 PM Sr. Prog/ Family Focus 5-9 PM Flute Frenzy 6 PM Lenten Service @ Stone House Presbyterian	22 Kitchen in use 9:30 - 12 PM Family Focus 7 PM Cub Scouts	23 Kitchen in use Church Office Closed 9:30 - 12 PM Family Focus 6-9 PM Jay's Jam	24
25 2nd Sunday of Lent 9 AM Sunday school / A Study of Luther's Large Catechism 10:30 AM +Holy Communion 11:30 AM Coffee Fellowship 6:30 PM AA	26 Kitchen in use 9:30-12 PM Family Focus 9:30-12 PM Wmbg Knit Guild 10 AM Rebekah/ Ruth Workday 7 PM BSA	27 Kitchen in use 3-5:30 PM Playin' For Fun 7 PM AA	28 Kitchen in use 10-2 PM Sr. Prog/ Family Focus 5-9 PM Flute Frenzy 6 PM Lenten Service @ New Zion Baptist			